

# Mapping and Mobilising the Conditions for Youth Wellbeing

**If you want to better understand how well your organisation or community is creating the conditions for youth wellbeing – this Bus Stop is for you!**

The Mapping and Mobilising tool supports organisations and cross-sector groups to map and better understand their current state and set key next steps.

It prompts groups to assess themselves against three key areas:

- 1. Co-design Capability:** How well do we involve young people?
- 2. Service Integration:** How well do services and groups work together?
- 3. Community Asset Building:** How well does the community invest in young people?

It's designed for active conversations and analysis. It's about building collective knowledge, motivation and pathways for change within a group.

The tool draws on the COM-B behaviour change model from Michie et al (2011). This model says that a behaviour change intervention needs to address people's Capability, Opportunity and Motivation to change.

This tool is an early prototype. Your participation in this Bus Stop will help us to better understand its usefulness and will contribute to a growing evidence-base of examples.

Longer term, we may seek investment to further develop the tool as a way to contribute to the evidence-base for youth wellbeing.

