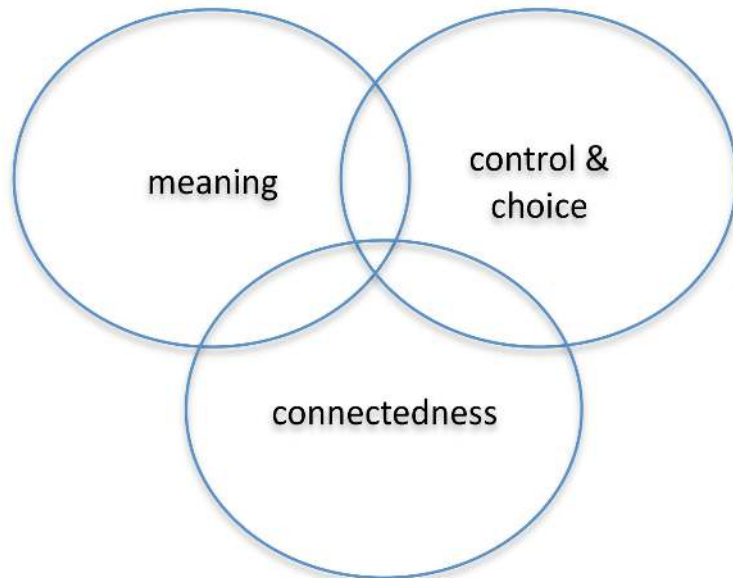


# At a Glance: Participatory Skills for Adults Supporting Young People

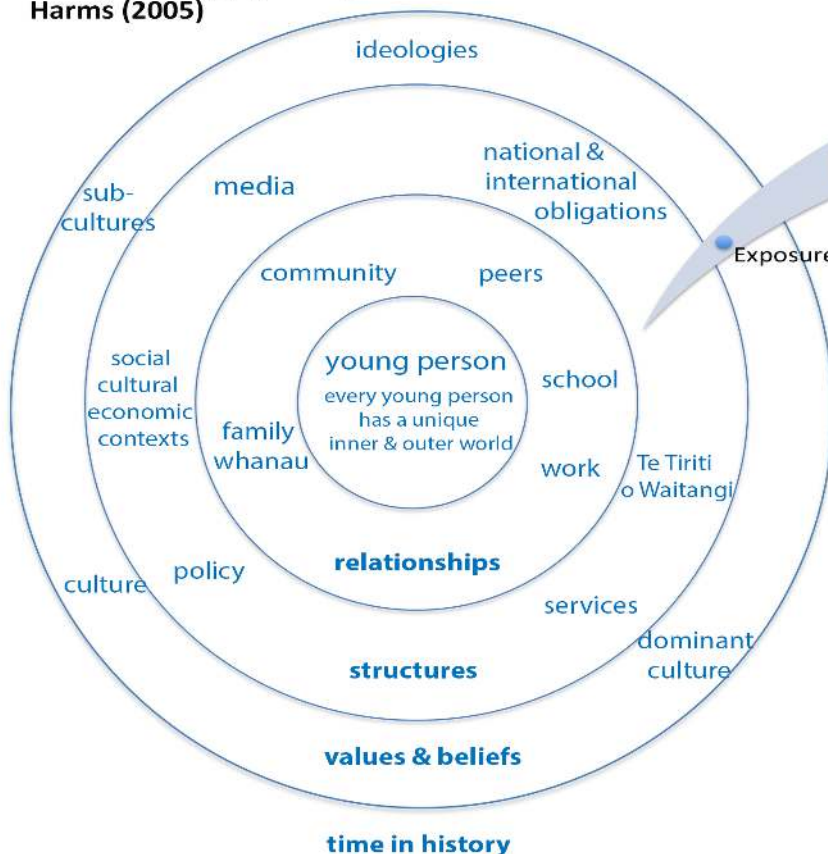
Co-design for Youth Wellbeing Symposium, Monday 4 September  
Sarah Finlay-Robinson & Hannah Dunlop  
contact: [sarah.finlay@weltec.ac.nz](mailto:sarah.finlay@weltec.ac.nz) or [hannah.dunlop@ecan.govt.nz](mailto:hannah.dunlop@ecan.govt.nz)



**3 things**  
that make youth  
participation work  
(Wieringa, 2003).

## Zoom out: understand the worlds of young people

Harms (2005)



**illuminate**  
the opportunities

# Check in:

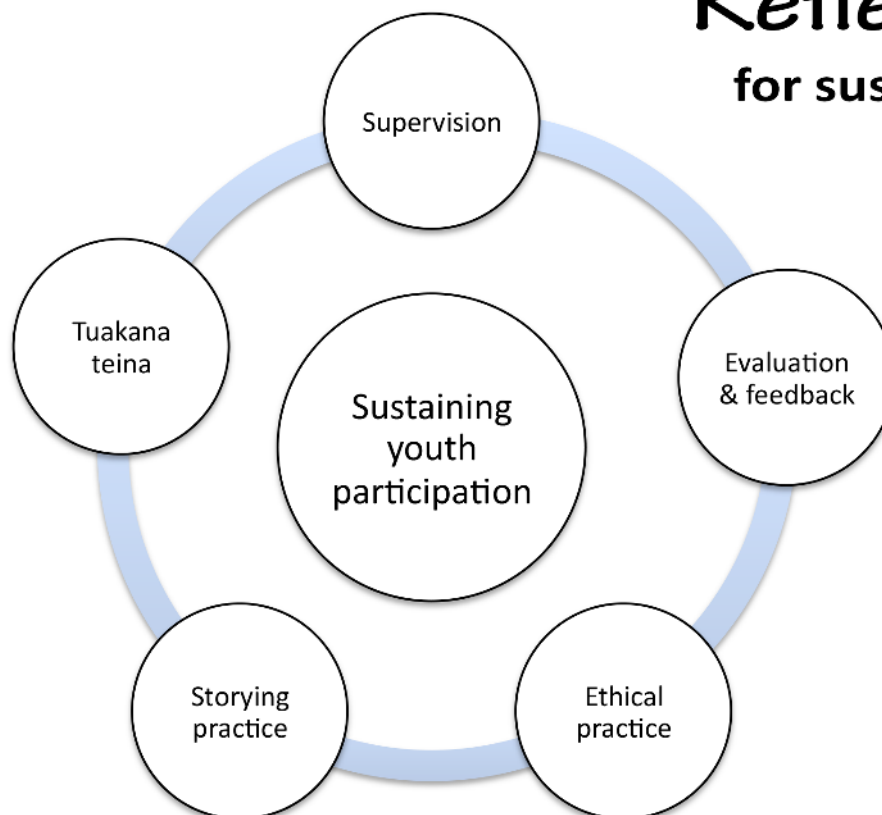
## The basic requirements for the child's right to be heard

(United Nations, 2009).

1. Transparent and informative
2. Voluntary
3. Relevant
4. Respectful
5. Child-friendly
6. Inclusive
7. Safe and sensitive to risks
8. Training for adults
9. Accountable

# Reflect

for sustainable practice



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