

Workshops
Thursday 27th and Friday 28th April 2017

Thursday 11.45am

How Can We Assist Young People in Their Gender Transition
Anne Nicholson

Bio:

Tommy Hamilton has worked in Aotearoa/NZ for the past 12 years as a volunteer of trans support groups, as a manager in the youth sector and as a community developer in the wider LGBTTIQA+ communities. Currently Tommy works as a consultant to communities and health professionals as well as a counsellor to individuals who identify and intersect within the LGBTTIQA+ communities, their whānau/family and friends who ally them. Alongside the work in community Tommy also works with other trans identified researchers with the ambition to develop relevant and affective empirical evidence to improve access to health and wellbeing support for all sex and gender diverse communities in Aotearoa/NZ. Tommy's overarching purpose is to develop communities autonomously and collectively, aiming to engage intersecting identities that may appear marginal yet act collectively to reduce dual stigma and reduce the impact of minority stress.

Aych McArdle is a human rights activist based in Tāmaki Makaurau working in the intersections between health, education and social services. They are about to start their PhD investigating the barriers that teachers and whānau experience in making school a safe place for trans and gender diverse young people.

Anne Nicholson - Q-topia education coordinator. We deliver the InsideOut education programme and support schools, health practitioners and organisations to develop safe diverse cultures that are affirming of gender and sexuality diversity. We provide advocacy for young people and their families. Q-topia currently has 3 support groups running weekly to monthly support for young people and families. Outside of Q-topia I work for Male Survivors of Sexual Abuse Trust and am a parent, with the tiny bit of spare time I have left I compete in a gender free Roller Derby league. I am gender diverse my preferred pronoun is 'they'

Sue Bagshaw is Training Manager of the Collaborative Trust (a research and training centre for youth health and development) and works as a primary care doctor specialising in adolescent/youth health at a one stop community youth health centre for 10-25 year olds, which she helped to set up, now under a new trust called Korowai Youth Well-being Trust. She is a senior lecturer in adolescent health in the department of Paediatrics at the Christchurch School of Medicine. She spent 20 years working for the Family Planning Association in Christchurch and ten years working part time on the Methadone programme in Christchurch: which is why she has interests in common with young people – sex, drugs and rock 'n roll!

Abstract:

Concepts of gender and sexual attraction are changing. Keeping up with these changes can be hard for those not in every day contact with young people who are thinking about these things. Ashlin Lunardi will take us through a young person's viewpoint of gender concepts and talk about the value of peer support. Qtopia is the Christchurch organisation that supports LGBTQI youth and their work and the models of care used in Christchurch will be discussed. These will be compared with information from participants and Tom Hamilton from Wellington and Aych McArdle from Auckland will skype in with their knowledge. We will also have a parent's view.

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Thursday 3.50pm

Working with challenging and disengaged young people
Michael Hempseed

Bio:

Michael Hempseed is a highly sought after professional speaker. He has delivered more than 80 inspiring and informative seminars over the last two years, on such diverse topics as overcoming failure, mental health and stress and burnout. Funny, full of enthusiasm and taking a genuine interest in people are all qualities that make Michael a captivating speaker. Michael loves to travel, having visited over 34 countries, including Cambodia, Morocco, China, India, Brazil and many others. In addition to this he hosts a radio show called Lighthouse of Hope. Recently Michael Spoke at Tedx Darwin.

Abstract:

If a young person is not engaged in a program or activity, we tend to call them a trouble maker. Underneath this there is probably a reason for their behaviour, once you understand this you can help them to engage.

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Friday 10.30am

The ASNG model of supporting nurses working in schools Heather Laxon and Diana Nicholson – Auckland School Nurses Group

Bio:

Heather is a Registered Nurse with a background in Emergency Department and Public Health Nursing. I have been a school nurse at Mangere College for the past 9 years. I have a PG Dip in Youth Health and a PG Certificate in Professional Supervision from UoA. I am currently the Co-President of the Auckland School Nurses Group.

Diana currently works as a youth nurse specialist supporting nurses in secondary schools throughout Counties Manukau Health. Prior to this I was a school nurse for over 15 years. I have a PG dip in youth health and a cert in adult education. I have been in the ASNG exec for over 20 years, currently holding the Co President role.

Abstract:

Nurses working in the education sector frequently work in isolation with limited access to professional nursing support. In 1986 a group of Auckland nurses working in secondary schools set up an informal support network. When the first funded school based health service commenced with AIMHI in 2002, a model professional networking was created. Adopting this model throughout the Auckland region the ASNG strives to promote excellence by supporting evidence based professional practice, empowering nurses in schools to enhance their skills and knowledge through professionally development and supervision.

Young people and pornography Diane Shannon and Sarah Harvey – Community and Public Health - CDHB

Bio:

Diane has worked for many years on women's health and sexual health, including work on abortion law reform and domestic violence in the 70s. During the 80s I worked with the New Zealand AIDS Foundation on HIV/AIDS education and GLBTQ rights. Since 1990 I have been employed by Community and Public Health as a health promoter in the area of sexual health. My work is guided by the belief that all people should be treated with complete respect and be able to make their own decisions about their health and their lives.

Sarah is a Health Promoter on the West Coast, working around mental wellbeing & positive sexuality. I am passionate about healthy relationships, mindfulness & flourishing people & communities. I love the wild beauty of the West Coast - the lush green & the raging sea.

Abstract:

The internet can provide young people with easy access to much needed sexuality and sexual health information through good websites. However, it can also make access to online pornography much easier via computers, smart phones and tablets. This is of concern because pornography has become increasingly violent and extreme, and can communicate unrealistic and harmful messages about sex, sexuality and relationships. Research shows over 90% of boys and over 60% of girls have viewed online pornography. A review of the most popular pornography shows that 88% of it contains physical violence, 48% contains verbal violence and this violence is directed at women in 94% of cases. The point is not to shame young people for watching pornography. Of course they are curious and looking for information they find hard to access elsewhere. We think the best strategy is to open up this topic to critical thinking, as with other types of media, with discussion

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including healthy relationships, gender stereotypes, and human rights. It could also be included in discussions about online safety. Our presentation and workshop will include practical strategies for addressing this issue.

Life on the front foot - Kindness Literacy
Philip Siataga, Wiremu Gray and Jenkins Alaifea – Community Action Youth & Drugs
(CAYAD)

Bio:

Wiremu has been appointed as the Head of Wellbeing for Christchurch Boys High School and is currently developing a whole school approach. He has been counselling for 15 years, particularly with youth and whanau. He is also contracted by CYFS as a youth Justice counsellor. For several years he has been working in schools across Christchurch. Wiremu is also a rugby coach in the crusader first 15 competition, and has played representative rugby for many years. He is the father of two young teenage boys, and married for 20 years. Wiremu is Director of Mana Facilitation Ltd (providing cultural advisor and supervision) and a co-facilitator of Life on the Front Foot.

Jenkin Alaifea, of Samoan heritage, and was raised in New Zealand and Australia. He is Natural buzz promoter (public health promoter- Community Action Youth and Drugs –St John of God Waipuna), a youth Pastor, event coordinator and sports coach and musician. He has worked with youth over the last 10 years running programs, running events, and coaching sports in various codes. He currently works in a public health role, as a Community Action Youth and Drugs (CAYAD) kaimahi. In the last 4 years he has also been assisting with enhancing community groups and organisation approaches to address issues of drug related harm. He also oversees CAYADS social media projects and is a digital story creative talent

Philip has served on the Boards of eight NGOs over the last 30 years. He has worked closely with Pasifika peoples, Maori and Youth throughout New Zealand and in a variety of roles including social work, youth work, counselling, research and evaluation consultancy, facilitation, management, public health and education. He has also served in several advisory roles to the public sector organisations. In 2010-2011 he served on the Prime Minister's Chief Science Advisor Professor Sir Peter Gluckman's task force on adolescence and transition. He is the author of I AM: A guide for nurturing hope, resilience and happiness Pasifika style and the co-founder of the 13th Tribe, a Pasifika musical group comprised of people who work in the in the Mental health and Addiction fields. He is the founder of Life on the Front Foot - Kindness Literacy network. Philip also represented Pasifika peoples in the Addiction Sector at the United Nations office of Drugs and Crime (UNODC) United Nations General Assembly Special Session in Vienna in 2008 and co-chairs Drua: National Pasifika Treatment network. He is Senior practitioner (CAYAD) St Joh of God –Waipuna. He is an avid supporter of the performing arts. Art influences life, and over the past several years, in his current public health role he has provided support for many local prosocial community events, including music and drama performances and community arts workshops. Most importantly he is the proudest Dad of 2 wonderful daughters.

Abstract:

This workshop presents an indigenous and Pasifika conversation on Wellbeing. We have coined the phrase KINDNESS LITERACY to promote Well-being through an indigenous and Pasifika lens. In primary health care, the term Health literacy has some currency and is designed to improve communication between patient/clients and health professionals. Kindness literacy is designed to focus on the 'heart' as well as the mind to improve social skills, social engagement, and personal wellbeing. Secular based models of personhood are often reflected in the dominant paradigm on mental health and wellbeing. The Utupaua

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Therapeutic approach, a Samoan based perspective in counselling psychology will be introduced, including an adaption of the Johari window, and social influence (mapping). While we build on key insights from Positive Psychology literature (PERMA), and narrative therapy, these are considered through an indigenous lens on models of personhood and spirituality. Several tools for enhancing engagement, and positive emotions are presented. Philip, Wiremu, and Jenkins, have recently designed a fine young men's- life on the front foot 6 session programme for year 11 students which includes addressing youth AOD issues, understanding aggression and anger, and the psychosocial ingredients of growing good friendships through positive character development.

Overcoming barriers to connection: Communicating in Dire Circumstances

Dr Anne Scott – University of Canterbury

Dr Don Quick – Child Custody Project

Kelly Pope – Awareness

Dr Cathy Solomon - Researcher

Bio:

Ms. Kelly Pope: coordinator of Awareness: Canterbury Action on Mental Health and Addictions, (which is centrally involved in this project) and family support worker at the Caroline Reid Family Support service, Stepping Stone Trust. Formerly a youth consumer advisor at the Werry Centre.

Dr. Don Quick: recently retired psychiatrist, currently studying the anthropology of belonging and connection at University of Canterbury.

Ms Bella Aitken: Manager, youth and family mentor and qualified child protection specialist at Kiwi Family Trust.

Dr. Cathy Solomon: semi-retired teacher & researcher with an interest in education, society and social justice who is associated with the University of Canterbury.

Dr. Anne Scott is a sociologist of health and medicine at the University of Canterbury, with a focus on mental health and wellbeing.

Abstract:

In this interactive workshop, we will explore why it can be so difficult to communicate with the people we work with, around highly emotional issues. What are the barriers to broaching sensitive topics? We will explore some of the subtle, and not so subtle, ways that stigma rears its head. We'll introduce the concept of emotional cultures, and look at ways our own emotional cultures influence how we communicate with young people and families. This workshop will be a mixture of short presentations and interactive activities. Some of the examples we'll use come from our research into child custody issues when parents have a mental illness and/or an addiction.

Reframing Borderline Personality Disorder

Bonnie Scarth – Southern DHB

Dr Sue Bagshaw – The Collaborative Trust

Bio:

Bonnie Scarth is the Sexual Health Promotion Adviser at the Southern DHB, in addition to being a PhD candidate on scholarship, focusing on suicide prevention at the University of Otago. In 2015-2016 Bonnie was awarded a Fulbright scholarship, Avril Flockton Winks Award, and fees scholarship from Cornell University, to carry out qualitative research in the U.S as a graduate student at Cornell. Prior to that, Bonnie juggled part time work in the

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areas of family violence prevention, sexual health, AOD, HIV and cancer research (among other interesting topics!) with parenting her now 13 and 15 year old kids, and studies.

Sue Bagshaw is Training Manager of the Collaborative Trust (a research and training centre for youth health and development) and works as a primary care doctor specialising in adolescent/youth health at a one stop community youth health centre for 10-25 year olds, which she helped to set up, now under a new trust called Korowai Youth Well-being Trust. She is a senior lecturer in adolescent health in the department of Paediatrics at the Christchurch School of Medicine. She spent 20 years working for the Family Planning Association in Christchurch and ten years working part time on the Methadone programme in Christchurch: which is why she has interests in common with young people – sex, drugs and rock ‘n roll!

Abstract:

To be given the diagnosis of Borderline Personality Disorder (BPD) feels like a death sentence for many people. Originally the term was coined as it was felt that the disorder with its cluster of symptoms was on the border between being a psychosis and a neurosis. We would like to join many others around the world in reframing this disorder to complex post-traumatic stress disorder. We will explore the experiences of delegates who have worked with people with the BPD label, and whether or not they have found the label to be helpful. Bonnie will present the findings of her research and experience on a Fulbright scholarship, and Sue and young people with BPD will present their experiences and suggestions for improving the management of people with it and changing the name.

Enhancing Wellbeing through Nature and Adventure Daniel Eastwood and Briar Gallagher – St John of God Hauora Trust Waipuna

Bio:

Dan is married with two young children. He has been working at St John of God Hauora Trust (Waipuna) for nine years, delivering Adventure Therapy programmes for youth and is currently working in partnership with the Department of Corrections’ rehabilitation and reintegration programmes. Dan is passionate about giving young people opportunities and offering long term support.

Briar began working with youth as a young person herself within the Youth One Stop Shop setting, eventually obtaining a Masters in Social Work (Applied) and then moving to Christchurch three years ago to join the team at Waipuna. She is passionate about empowering young people to lead meaningful, productive, fulfilling lives and loves nothing more than seeing young people flourish in the outdoors.

Abstract:

It could well be argued that the rise in technologies and tensions of today’s busy society challenge the wellbeing of our young people. Adventure Therapy offers a holistic approach to empowering wellbeing in youth. Through using the natural world as a tool, we are able to provide opportunities for youth to take healthy risks, empower their decision making processes, and connect with their natural wisdom. This interactive workshop will explore the ideas of adventure, nature, and choice as means to enhance our ability to enhance wellbeing in young people. We will share stories from young people that speak to their experiences as well as current research that endorses the evidence base for this approach. You will have the opportunity to hear about and experience some of our approach, as well as develop practical ways in which this can be incorporated into your own work with young people.

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Beyond Jailbreak

Shane McInroe, Aaron Bong and Sean Bendall– The Cube Christchurch

Abstract:

Last year a group of young people of all abilities in Christchurch identified that life can sometimes be like living in a jail. They are judged and limited by other's views of them. They are quickly put in a box and their goals become limited through the influence of others. In response, The Cube Christchurch Youth Engagement Group launched the Jailbreak campaign to champion an inclusive Ōtautahi. The crew challenged public perceptions in a fun and provocative way. They want a city where young people of all abilities are recognised for the awesome people they are and the amazing things young people have to offer all our communities. This workshop takes their message a step further. You will hear from the leaders of this campaign, and they will take you through various activities to experience their world. You will gain insight into your hidden prejudices and perceptions, and develop skills to challenge and work beyond these with an open mind and authenticity.

Policy? Not the P-word! An Interactive workshop that makes drug policy development easy to understand

Rosey Duncan – Health Action Trust

Bio:

In 1999 Rosey joined Health Action Trust's CAYAD project (Community Action on Youth & Drugs), with an early focus on safer partying strategies. "More recently I've been supporting parent engagement, capacity building in youth development, and focussing on drug policy development. In 2011 I created a toolkit called More Than Just a Policy to support drug policy development processes, and in recently added a third component; Evaluating a Drug Policy.

Abstract:

This workshop will give a quick overview of a resource designed to help your organisation create an alcohol and other drug (AOD) policy, or to figure out whether your existing AOD policy is doing what it's supposed to do. Organisations where young people gather, such as schools, marae, sports clubs, or drop-in centres etc, may need an alcohol or other drug (AOD) policy to ensure drug-related incident responses are as safe and consistent as possible, and informed by best practice evidence. The More Than Just a Policy toolkit is designed to simplify the process of developing an AOD drug policy, while considering multiple relevant factors. The toolkit initially consisted of Guidelines and Workbook, and now also comprises an Evaluation component. This workshop will familiarise participants with the toolkit, as well as get you started thinking about your own process, who to include in your development group, things to think about, and how to decide appropriate responses. The workshop will be interactive, and young people are encouraged to attend.

Bounce's way to youth wellbeing

Amber Paterson and Stephanie Keller-Busque – Red Cross, Bounce Project

Bio:

Bounce is a youth-led, strengths-based project developed by the New Zealand Red Cross' post-earthquake recovery efforts. We share wellbeing tips and advice with young people to encourage emotional wellbeing, empower, and increase resilience. Content for Bounce is developed by young people for young people, and the direction of our project is determined by our team of youth volunteers. We share our messaging through a range of face-to-face events as well as through our various social media platforms.

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Abstract:

Bounce is a youth-led, strengths-based project developed by the New Zealand Red Cross' post-earthquake recovery efforts. We share wellbeing tips and advice with young people to encourage emotional wellbeing and increase resilience.

All of Bounce's activities are grounded in our 5 Tips to Wellbeing: Keep Doing What You Love, Know Yourself, Make a Difference, Connect with Others, and Treat Your Body Well. Our awesome team of Bounce volunteers will present about their involvement with the project and share why our 5 Tips to Wellbeing are important to them and to the wider youth of Ōtautahi. By exploring how we address youth wellbeing, we hope to share practical strategies so that other organisations may be better positioned to support the mental health of Ōtautahi's young people.

Beyond the Barriers - weaving whanaungatanga into Youth Development Ariana Kaa - Whanau Transformation Plan

Bio:

Ko Ariana Kaa tōku ingoa I identify as a staunch Ngati Porou wahine toa who is passionate about mana matauranga for social innovation. A Ngati"preneur" who is passionate to work with whanau, whenua and whakapapa I am privileged to have worked with whanau and community.

Abstract:

Implementing whanau, hapu and iwi wellbeing - Mana Atua...Mana Whakapa....Mana Whanau.....Mana Whenua

Boosting young people's access to creativity: making it happen Kim Morton - Otautahi Creative Spaces

Bio:

Kim is manager of Ōtautahi Creative Spaces, a creativity and wellbeing initiative in Christchurch. Working with people who have experience of mental illness, earthquake trauma and social isolation, creativity is used to support transformation, wellbeing and resilience. Kim's a staunch advocate of the powerful role of participatory arts in post earthquake Christchurch, passionate about how collaboration and partnerships can increase impact, and determined to see more opportunities for young people to access creative expression. Kim is a board member of Arts Access Aotearoa. Kim lives in Te Waipounamu in the port town of Lyttelton.

Abstract:

This workshop will facilitate a robust interactive discussion and action planning process responding to the proposed day 1 presentation Why the arts matter in youth wellbeing, and what should we be doing about it? It will explore why creativity does matter; how creativity can help to address current youth wellbeing challenges; why they continue to be marginalised in public policy despite a compelling case for investment, and what can we collectively do about it. The workshop will aim to draw from participants' experience to share practice examples, bust some common myths, and highlight key challenges and opportunities for development of the field. Participants will be invited to share stories about what they've seen when young people have the opportunity to explore their creative world. Where is creativity supported in their work? Where is it suppressed? How do we reclaim it? Do we want to reclaim it? The workshop will bring together practitioners working across diverse disciplines to identify ways we can work together beyond the hui to create an

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environment where creativity is valued as an impactful way of supporting young people's development and wellbeing, and is ultimately embedded into practice, policy and funding.

Embedding young people's voices in the design of Oranga Tamariki Jeremy Lambert – Investing in Children – Child, Youth and Family

Bio:

Jeremy leads the Voices and Quality group which is responsible for advocating for the voices of tamariki and rangatahi. The group comprises Client Insights, Service Design and Engaging all New Zealanders work and has the primary relationship with the Office of the Children's Commissioner. This group also links to the independent advocacy service (VOYCE - Whakaronga Mai). Jeremy (Ngāti Kahungunu ki Wairoa) recently joined the Investing in Children Programme on secondment from the Ministry of Foreign Affairs and Trade (MFAT) where he was working as a diplomat in their Asia and Americas Group. He joined MFAT as the head of communications and led the whole-of-government international communications responses to the Botulism Scare (2013) and the 1080 blackmail threat to poison infant milk powder in 2014. Prior to his time at MFAT, Jeremy worked in a series of directors roles at the Ministry of Agriculture and Forestry (MAF) leading their communications, strategy and cargo operations functions. Whilst at MAF, he completed an Executive Masters in Public Administration from the Australia and New Zealand School of Government.

As well as extensive public sector experience, Jeremy is a skilled advocate having successfully lobbied for social justice and health reforms on behalf of New Zealand's LGBTIQ communities. He is a former chair of the New Zealand AIDS Foundation.

Abstract:

In the 2015 review of Child, Youth and Family, young people's voices were central to the process in a way that they had not been previously. The Expert Panel described children's voices as "the anchor" of their work, and a range of methods were used to ensure that young people's lived experiences were central to the proposed changes. Since then, there has been a clear signal that children and young people's voices must become a permanent feature of the new system. The challenge now is to ensure that those voices are embedded in the system and remain and central to the ongoing changes. This workshop will explore innovative ways in which we might be able to achieve that. It will include an overview of the research on children and young people's participation, and will aim to generate ideas based on innovative examples of practice based on Aotearoa New Zealand. Practitioners have long since recognised the value of children's voices, and this workshop will seek to draw on those insights.

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Friday 2.00pm

Life's Better When we Work Together: A Collaborative Approach to Youth Health Emma Aldridge and the 298 Crew

Bio:

298 Youth Health Centre is a Youth One Stop Shop offering free medical, social and mental health services to 10-25 year olds in Christchurch. Staff include doctors, nurses, counsellors and a youth worker who are supported by reception staff, an administrator and a practice manager. We are governed by a Trust Board, "Korowai Youth Wellbeing Trust" whose vision is to create an enabling environment where healthy development can occur for young people by providing health services in conjunction with other like minded services, to jointly provide a holistic facility to meet all round needs of young people in Christchurch, especially those that are most vulnerable. Today's workshop includes staff from a variety of disciplines and is lead by S-Bizzle, Em-deeohdoublegee, N-Dawg, G-zizzle and The Em-inator. You'll have to come along if you want to know our true identities!

Abstract:

Yo, listen up and take a seat, our workshop's hip - it can't be beat! Working together is what we do, cos working alone leaves us in the poo! We share the load because we're lazy and also cos our workload's crazy! So gather round and shoot the breeze, we'll show you how to work with ease.

Staff from 298 share their experiences of working together firstly as a team and then with the wider community, across a variety of organisations. The benefits of working collaboratively are discussed from both the client and staff perspective. Issues such as maintaining privacy and confidentiality whilst working across agencies are discussed. Ideas that you can use in your own practice will be discussed in this relaxed, conversational workshop.

Home Help Hope & AEIOU - Brief introduction on Suicide Prevention Training Lovey Ratima-Rapson and Kylie Jane Phillips - He Waka Tapu

Bio:

Ko Takitimu te waka Ko Mauao te Maunga Ko Tauranga te Moana Ko Wairoa te Awa Ko Ngai Te Rangi te iwi I was born and grew up in the Bay of Plenty, I grew up in an environment not unlike Once were Warriors, a life surrounded by alcohol drugs and domestic violence and I believe this upbringing made me value what we had and to find the best in all people and things. I am married to Perry and we have 2 children, Chloe and James My culture and Family are really important to me and over the past 18 years I have worked in kauapapa maori health and social services managing large primary and community care contracts.

Kylie is from Rapaki marae She has a varied background and has worked in the AOD space for some time. Kylie delivers mentoring programs in schools and is co-presenting the AEIOU program

Abstract:

Lovey chairs the Waitaha Suicide Prevention Action group(WSPA) and in March 2017 the WSPA group piloted the AEIOU programme. The AEIOU provide participants with a brief introduction in how to respond to someone who is having thoughts of suicide.

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Alcohol, Sex and Hauora Heather Perry and Alma De Anda - Family Planning

Bio:

Heather Perry is a Health Promoter at family Planning in Whanganui. Family Planning promotes a positive view of sexuality while ensuring that people are able to make informed choices and have access to accurate information, quality sexual health services and relationships education. Heather is currently studying her Masters in Health Sciences focusing on intimate partner violence.

Alma De Anda is a Health Promoter for Family Planning in Christchurch. Alma was born and raised in the United States, where her strong interest in biology led her to graduate from the University of Minnesota with a Master's Degree in Science. Prior to moving to New Zealand she worked as a biology lecturer and a Health Educator for Planned Parenthood. Alma has been working with children, parents and caregivers, foster youth, and teens to provide comprehensive and culturally significant sexuality education since 2011. She regularly works with public and private schools and the community, creating a safe environment to speak about sexual health for all, including the LGBTQ community. Over the last few years, Alma has been working with special needs adult and young people around healthy relationships and positive sexuality in Christchurch. In her spare time, she likes to hike with her partner and two Border Collies.

Abstract:

Alcohol, Sex and Hauora is a workshop based on the free Family Planning educational toolkit of the same name targeted at 13-17 year olds who are out of mainstream school settings. The workshop will explore tips and information for facilitators of youth on alcohol and its impact on sexual health, wellbeing and relationships. We will also look at interactive activities for youth focusing on preventing alcohol related harm while promoting sexual well-being.

Negotiating Safe Spaces for LGBTQI Young People Angle Sampson

Bio:

Angle Sampson (Pronouns: He/his)

I am a multi-disciplinary social scientist student that focus on sexuality and gender. I volunteer at Phoenix a trans support group that a part Q-Topia as trans peer support. Looking for paid work in the field sexual and mental health. A lover of sex positivity and critical engagement with sexuality. A writer of poetry, easy to read essays, academic essays and other assuming writings.

Contributing to Young Peoples Wellbeing, the Youthtown Way Nigel Kapa - Youthtown

Bio:

Currently I am the Regional Operations Manager for Youthtown Inc, in this role I oversee an amazing team of people passionate about youth development and using their varied skills to build young peoples Belonging, Independence, Mastery and Generosity. Previously I was the Regional Manager for the Ministry of Youth Development, the Chair of the Auckland Agencies for Youth, A member of the NZ CMD Police Maori advisory board, and have worked as a youth worker for Te Whare Ruru hau o Meri.

Abstract:

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I will discuss my understanding of wellbeing, how Youthtown seeks to contribute and how end-user centric models affect an organisations ability to deliver Youth Development and Wellbeing outcomes.

Porn, Pornification and Young New Zealanders: What Do We Need to Know Dr Claire Meehan – University of Auckland

Bio:

Dr Claire Meehan is a Lecturer in Criminology at the University of Auckland. She is interested young people's online behaviours including sexting and their engagement with pornography. She teaches in the areas of Critical Policing Studies; Crime, Media and Society and Cybercrime.

Abstract:

Since the advent of the internet, the nature, consumption and consumers of pornography have radically changed and its use seems ubiquitous, even amongst very young people. It is vital that we study the impacts of pornography on youth today. Drawing on research currently being undertaken in New Zealand, this workshop will examine attitudes to and definitions of pornography. This workshop asks the question: 'is pornography shaping the behaviours of young people?' and calls for multiagency input on the topic of porn, pornification and young people.