

## Safety & Ethics Worksheet

*We have a responsibility and duty of care to ourselves, others and the added responsibility to adhere to legal frameworks. This worksheet will give you an opportunity to think about how you intend to uphold the following concepts in your practice from co design through to final delivery of intervention.*

**Autonomy** - how does the participant maintain their freedom of choice, right to chose and independence when engaging in this intervention?

**Nonmaleficence** - causing no harm to others, above all doing no harm. What if things don't go right - what are your responsibilities for the wellbeing of people involved with your project?

**Beneficence** - How does your intervention contribute to the wellbeing of the person or people you are serving?

**Justice** - treating equals equally and unequals unequally but in proportion to their relevant differences.

**Fidelity** - How do you intend to follow through with what you said you would? What happens if you don't?

**Legal** - What is the legislation that you need to be aware of? eg are you working with young people, how are you intending on keeping private information confidential?

**Key points of safety** when working with a target group what things will keep them well and safe? How do you enable people to tool-up before engaging in the conversation? How much of your own experience do you intend on sharing, to what ends and why?