

# Palmy North Codesign Summit Runsheet

**Purpose:** Collaboration for people in and outside of the Palmy Youth Network; 'converting' some to see the value of codesign and authentic youth participation

**Participants:** a mix of service delivery folks who are good at codesign, some people who need a boost in confidence, skills and knowledge, and some young people.

DAY ONE		
Time	What	How
INTRODUCTIONS: WHO AM I? WHO ARE YOU?		
9.15am	Introduction	<p><b>Welcome:</b></p> <ul style="list-style-type: none"><li>• Why and how we're here</li><li>• Health and safety, toilets etc</li></ul> <p><b>Overview of the two days:</b></p> <ul style="list-style-type: none"><li>• Context</li><li>• Codesign</li><li>• Collaboration</li></ul> <p><b>Kawa</b> - how do we want to be in this space? (Write ideas on post-it notes, share with the group)</p>
9.30-10.15	Check in  (20 people, 2 mins each = 40 mins)	<p><b>Check in question:</b> Tell us a story about where your shoes have taken you. And feel free to share anything you need to help you be fully present here.</p>

10.15-10.40	Whanaungatanga game	<p><b>Continuum (arrange yourself in a line):</b></p> <ul style="list-style-type: none"> <li>• Start with an easy one: are you a morning person or evening person?</li> <li>• Where in the world were you born?</li> <li>• How much time do you spend with young people on a day to day basis?</li> <li>• How well does your organisation integrate the needs of young people into your planning/practice? (Use the <a href="#">Hart's Ladder</a> as a framework. Draw it out on the ground and invite people to stand where they feel drawn to).</li> </ul> <p>(After each continuum, ask people questions to hear about why they're standing where they are standing.)</p>
10.40-11am	<b>Morning tea</b>	
<h2>WHO ARE WE?</h2>		
11am	Challenges making change	<p>In threes - 10 mins each:</p> <p>Who are you in relation to this mahi (work)? Why do you do the work that you do? What challenges are you facing within your circle of peers, organisation or practice?</p>
11.30-12		<p>Each group write one core idea on post-it. (What challenges are you facing within your circle of peers, organisation or practice?)</p> <p>Share back with the group (inviting honesty). See what themes emerge</p>
12-1pm	<b>Lunch</b>	

1-1.30pm	Role of common sense approach to good listening and respectful conversations. Different physical and emotional settings	<p>Role play in pairs - what it feels like not being listened to.</p> <p>Take 2 minutes each for somebody to tell a story and the listener to slowly stop paying attention.</p> <p>Discuss together how that felt.</p>
1.30-2.00		Invite stories from young people around what it's like to be a young person and not be heard. (cross-cultural work). Then see if there are other specific stories that might want to be shared to the group.

## WHERE DO WE WANT TO BE?

2.00-2.45pm	Creating shared vision	<p>What would success look like for this group? For the young people of Palmerston North?</p> <p>Ask people to cut out images from magazines, or to draw images, that represent what they want Palmy North to be like for young people.</p> <p>Ask people to come share their images at the front of the room, and arrange them in themes.</p>
2.45-3pm	<b>Afternoon Tea</b>	

## HOW DO WE GET THERE

3pm-4pm	Codesign: What is it?	<p>Start by asking people to write down all their questions about codesign. Use these to guide your session.</p> <p>Introduce codesign principles – for see <a href="http://Designkit.org">Designkit.org</a>.</p>
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4.30	Reflections and check-out	<b>Check out question:</b> What's one thing that surprised you about today? What else do you need to learn about together?
<b>DAY TWO</b>		
9.15-9.45	Refresher on yesterday  Short check in:	Check-in question: What stood out from yesterday?
9.45 - 10.45	Prototyping session	Use our milk example presentation <a href="#">here</a> . Run up to <i>Slide 15 - We did it</i> .
10.45am-11am	<b>Morning tea</b>	
11-11.50am	Codesigning safely with young people	Second half of <a href="#">prototyping presentation</a> where we talk about reciprocity, accessibility, safety etc  Handout runsheet on <a href="#">how to create a safe and effective codesign session</a> .
12-12.30pm	<b>Lunch</b>	
12.30pm-1.30pm	What do we take forward? Map out what exists in the group	Three questions to map out as a group: <ul style="list-style-type: none"> <li>· What are your individual strengths?</li> <li>· What are the strengths of this group?</li> <li>· What or who is missing?</li> </ul>
1.30pm-2.30pm	Next steps / where to from here?	Write down for yourself 5 actions you might consider taking. This might be very concrete (e.g. meet this person for coffee) or reflective (learn more about codesign). Go around the group and invite people to share.
2.30pm	<b>Afternoon tea</b>	
2.30-3.30	Check-out	What reflections do you have about the last two days?
3.30	Finish and celebrate!	

