

# Your name

Your address

Your city

Your email

Today's Date, 2017

Organisation's Contact Person

Organisation Name

Organisation Address

Organisation City

Dear [ **Name** ],

I am writing to apply for support to attend Lifehack's 2017 Flourishing Fellowship programme.

Lifehack was launched in 2013 as part of the Prime Minister's Youth Mental Health Project, with the purpose of improving the mental health and wellbeing of young people in Aotearoa New Zealand. I have been successful in applying for their flagship programme, the [Flourishing Fellowship](#).

There are three key elements to this programme:

1. To bring together a cross-disciplinary group to focus on the challenges and opportunities for young people in their community
2. To model participatory design and innovation tools that people and organisations can then use and share
3. To support the development of new cross-sector initiatives and prototypes that are designed alongside young people

I see the programme enhancing my work with young people in these ways:

1. [ **This way** ]
2. [ **That way** ]
3. [ **This way** ]

The Fellowship is held over three hui in the Wellington region in May, June and July 2017. The total time commitment will be [ x ] week-days, three half week-days, and [ x ] weekend days. This equates to [ x ] days in the working week - spread out over three months.

I am writing to ask for your support:

To cover the [ **full / part** ] amount of the programme fees: [ [enter amount here](#) ]

To cover the [ **full / part** ] of travel costs to Wellington CBD: [ **enter amount here** ]

To take [ **study leave / professional development leave / paid leave / unpaid leave** ], equating to [ **# of days off work** ] to attend.

I intend on personally contributing [ **x dollars / x time** ] as well as sharing my learnings with my colleagues in these ways: [ **hosting a workshop on effectively codesigning with young people / writing a review for our newsletter / being a wellbeing leader in my department / or other ways to give back** ].

Yours sincerely,

Your Name